



## CHAPTER 7

# Rachel: When She Has More

<i>Verse</i>	<i>Meditation</i>	<i>Prayer</i>
<i>Lesson 1: Family Demands</i>		
<p>Psalm 16:11 You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.</p>	<p>When I clamp onto my family, demanding that they meet my needs, they resist. When I serve unselfishly, they are drawn to me.</p>	<p><i>God, I trust you with my deepest fears and cravings.</i></p>
<i>Lesson 2: Compared to Her</i>		
<p>James 4:7 Submit yourselves therefore to God. Resist the devil, and he will flee from you.</p>	<p>Envy is the opposite of relinquishing control to God. Satan wants to pit me against other people.</p>	<p><i>God, help me to stop comparing and be free</i></p>
<i>Lesson 3: Thirsty Moms</i>		
<p>Psalm 16:5 The Lord is my chosen portion and my cup; you hold my lot.</p>	<p>When I fearfully try to pull in and fence off what is mine, my thirst is never quenched.</p>	<p><i>Father, I want to know the freedom of entrusting my life and my children back to you.</i></p>
<i>Lesson 4: A Chunky Board Book</i>		
<p>Romans 8:28 And we know that for those who love God all things work together for good for those who are called according to his purpose.</p>	<p>My life is a story about God and his family, not me and mine.</p>	<p><i>God, I believe that your pen is poised over the details of my life, and that you are writing a more satisfying ending than I can even fathom.</i></p>