

## The Hidden Sin in Our Homes, Part 3 | the truth

### I. Everything we say comes from our heart.

- Matthew 12:34
- When we help our kids understand that every word that proceeds from their mouths is a revelation of heart, it's easy for them to accept that bad speech grows from a bad heart. Sinful speech grows from a sinful heart.
- This means that we cannot simply change what we say; we have to change who we are.

### II. Everything we say must grow out of our relationship with God.

- Philippians 2:12-16
- God — through the pen of Paul — just said that if we have a relationship with Him — if we're saved — then it's required of us to obey. Why is that? Because a truly born again believer is indwelt by God Himself, and He's the one working in us both to desire and to accomplish righteousness.
- Your child needs to understand what their grumbling communicates about their relationship with God. At best, they are hurting Him by disobeying. At worst, they never had a relationship with Him in the first place. And last time we discussed that a habitual sinner who refuses to acknowledge his sin and repent is acting like an unsaved person.

### III. Everything we say must grow from our trust in God.

- Ephesians 4:29
- We need to trust that God knows what He's talking about and that He's loving enough to lead us in the best ways. Romans 8:28-29, James 1:2-4, and Matthew 5:10-11
- You can then help your children see how their complaining doesn't build anyone up; it only tears down. It communicates that the individual or event or request or demand is bad.

### IV. Everything we say must grow from contentment.

- I Thessalonians 5:18
- After we help our kids understand that their complaining is sin, we can teach them to be thankful about whatever it was they were previously complaining.

### V. In order to repent of our lack of trust, discontentment, and complaining, we must change our minds, change our direction, and change our words.

- Psalm 106:44-48
- It will never work to just "stop complaining." We need to be in a relationship with God, trust Him, and respond in contentment if we want our communication to change.
- Once I change my mind, I can change my direction. The Bible calls that repentance.
- Once I change my direction and view the uncomfortable moments in my life as God's handiwork to help me become more mature, my words will naturally change.